

Parish Eucharist

Lent 2

1st March 2026

On this second Sunday of Lent we hear Jesus' call to be reborn in the Spirit to live for God's kingdom.

Organ music before the service: A Lenten Prose - Richard Proulx

We gather in worship

Before we begin, the priest will welcome everyone and invite us to join in prayer as we prepare ourselves for worship.

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

After this, please remain quiet until the bell rings and we stand to sing;

Donations can be made using the contactless card reader during the offertory hymn. There is a box by the entrance. Details of online options are in the news sheet and on our website. www.allsaintshighwycombe.org

**1. The God of Abraham praise
who reigns enthroned above,
Ancient of everlasting days,
and God of love:
To him uplift your voice,
At whose supreme command
From earth we rise and seek
the joys at his right hand.**

**2. There dwells the Lord our King,
the Lord our righteousness,
triumphant o'er the world of
sin, the Prince of peace:
on Sion's sacred height
his kingdom he maintains,
and glorious with his saints in
light for ever reigns.**

**3. Before the great three-one
they all exulting stand,
and tell the wonders he hath
done through all the land:
the listening spheres attend,
and swell the growing fame,
and sing in songs which never
end the wondrous name.**

**4. The God who reigns on high
the great archangels sing,
and 'Holy, Holy, Holy,' cry,
'almighty King!
who was, and is the same,
and evermore shall be.
Eternal Father, great I AM,
we worship thee.'**

**5. The whole triumphant host
give thanks to God on high;
'hail, Father, Son, and Holy Ghost,' they ever cry:
hail, Abraham's God, and mine!
(I join the heavenly lays)
all might and majesty are thine, and endless praise.**

Daniel ben Judah (14th century); paraphrased by Thomas Olivers (1725-1799)

In the name of the Father, and of the ✠ Son, and of the Holy Spirit.
Amen.

The Lord be with you; **and also with you.**

The deacon invites us to confession;

The sacrifice of God is a broken spirit; a broken and contrite heart God will not despise. Let us come to the Lord, who is full of compassion, and acknowledge our transgressions in penitence and faith.

Lord God, we have sinned against you; we have done evil in your sight. We are sorry and repent. Have mercy on us according to your love. Wash away our wrongdoing and cleanse us from our sin. Renew a right spirit within us and restore us to the joy of your salvation, through Jesus Christ our Lord. Amen.

♪ **Lord, have mercy, Lord, have mercy.
Christ, have mercy, Christ, have mercy.
Lord, have mercy, Lord, have mercy.**

The priest declares the forgiveness of our sin, then invites us to pray in silence before saying the prayer set for today,

Almighty God, by the prayer and discipline of Lent may we enter into the mystery of Christ's sufferings, and by following in his Way come to share in his glory; through Jesus Christ our Lord. **Amen.**

We listen for God's Word

First Reading: Genesis 12. 1-4a

Now the Lord said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse, and in you all the families of the earth shall be blessed." So Abram went, as the Lord had told him, and Lot went with him.

This is the Word of the Lord. **Thanks be to God.**

The cantor leads **Psalm 121** and we join in the refrain.



Our help is from the Lord, who made hea-ven and earth.

I lift up my eyes toward the mountains; whence shall help come to me? My help is from the Lord, who made heaven and earth.

♪ **Our help is from the Lord, who made heaven and earth.**

May he not suffer your foot to slip; may he slumber not who guards you: indeed he neither slumbers nor sleeps, the guardian of Israel.

♪ **Our help is from the Lord, who made heaven and earth.**

The Lord is your guardian; the Lord is your shade; he is beside you at your right hand. The sun shall not harm you by day, nor the moon by night.

♪ **Our help is from the Lord, who made heaven and earth.**

The Lord will guard you from all evil; he will guard your life. The Lord will guard your coming and your going, both now and forever.

♪ **Our help is from the Lord, who made heaven and earth.**

Gospel Reading: John 3.1-17

We stand, facing the gospel.



Praise to you, O Christ. King of e - ter - nal glor - y.

♪ Praise to you, O Christ. King of eternal glory.

Praise to you, O Christ. King of eternal glory.

God so loved the world that he gave his on-ly Son: everyone who believes in him has e-ter-nal life.

Praise to you, O Christ. King of eternal glory.

The Lord be with you. **And also with you.**

Hear the Gospel of our Lord Jesus Christ according to John.

Glory to you, O Lord.

Now there was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God, for no one can do these signs that you do unless God is with that person." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you the teacher of Israel, and yet you do not understand these things? "Very truly, I tell you, we speak of what we know and testify to what we have seen, yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. Indeed, God did not send the Son into the world to condemn the world but in order that the world might be saved through him."

This is the Gospel of the Lord. **Praise to you, O Christ.**

We sit for the **Sermon**, then we keep silence together.

The Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of Intercession

The response in the prayers is
Lord, in your mercy, **Hear our prayer.**

and, at the end, Merciful Father, **accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.**

We celebrate and receive Jesus in Bread and Wine

The Peace

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, who has given us access to his grace.

The peace of the Lord be always with you; **and also with you.**

The deacon says,

Let us offer one another a sign of peace.

We offer one another a sign of peace with a handshake, warm smile, nod, or bow, and the words, 'Peace be with you.'

The Offering

We stand to sing this hymn as a collection is taken. Please indicate if you wish to make an offering, cash or contactless.

**Praise to the holiest in the height,
and in the depth be praise:
in all his words most wonderful,
most sure in all his ways.**

**O loving wisdom of our God!
When all was sin and shame,
a second Adam to the fight
and to the rescue came.**

**O wisest love! That flesh and blood,
which did in Adam fail,
should strive afresh against the foe,
should strive and should prevail;**

And that a higher gift than grace
should flesh and blood refine,
God's presence and his very self,
and essence all-divine.

O generous love! That he, who smote
in man for man the foe,
the double agony in man
for man should undergo;

And in the garden secretly,
and on the cross on high,
should teach his brethren, and inspire
to suffer and to die.

Praise to the holiest in the height,
and in the depth be praise:
in all his words most wonderful,
most sure in all his ways.

John Henry Newman (1801-1890)

*The priest takes the Bread and Wine and says the prayers of preparation. We respond, **Blessèd be God for ever.***

The Eucharistic Prayer

Please remain standing during the Eucharistic Prayer if it is comfortable for you. The priest says,

The Lord is here. **God's Spirit is with us.**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

The priest praises God and we sing,

♪ **Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory. Hosanna in the highest.
Blessèd is he who comes in the name of the Lord.
Hosanna in the highest.**

The priest continues, then the deacon says,

Praise to you, Lord Jesus:

♪ **Dying you destroyed our death, rising you restored our life:
Lord Jesus, come in glory.**

The priest continues, ending with ...forever and ever. ♪ Amen.

**Our Father in heaven, hallowed be your name, your kingdom
come, your will be done, on earth as in heaven. Give us today our
daily bread. Forgive us our sins as we forgive those who sin against
us. Lead us not into temptation but deliver us from evil. For the
kingdom, the power, and the glory are yours now and for ever.
Amen.**

We break this bread to share in the body of Christ.

**Though we are many, we are one body,
because we all share in one bread.**

♪ **Lamb of God, you take away the sin of the world,
have mercy on us. (×2)
Lamb of God, you take away the sin of the world,
grant us peace.**

Draw near with faith. Receive the body of our Lord Jesus Christ
which he gave for you, and his blood which he shed for you. Eat
and drink in remembrance that he died for you, and feed on him
in your hearts by faith with thanksgiving.

We do not presume to come to this your table, merciful Lord, trusting in our own righteousness, but in your manifold and great mercies. We are not worthy so much as to gather up the crumbs under your table. But you are the same Lord whose nature is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ and to drink his blood, that our sinful bodies may be made clean by his body and our souls washed through his most precious blood, and that we may evermore dwell in him and he in us. Amen.

We share in Communion.

The people receive communion. Those who do not wish to receive are warmly invited to come forward for an individual blessing. Gluten free wafers are available.

**Jesu, grant me this, I pray,
ever in Thy heart to stay;
let me evermore abide
hidden in Thy wounded side.**

**If the world or Satan lay
tempting snares about my way,
I am safe when I abide
in thy heart and wounded side.**

**If the flesh, more dangerous still,
tempt my soul to deeds of ill,
naught I fear, when I abide
in Thy heart and wounded side.**

**Death will come one day to me;
Jesu, cast me not from Thee:
dying, let me still abide
in Thy heart and wounded side.**

*The choir sings the anthem, **O Taste and See – R Vaughan-Williams***

We keep silence together.

Almighty God, you see that we have no power of ourselves to help ourselves: keep us both outwardly in our bodies, and inwardly in our souls; that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord. **Amen.**

Father of all, we give you thanks and praise, that when we were still far off you met us in your Son and brought us home. Dying and living, he declared your love, gave us grace, and opened the gate of glory. May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights give light to the world. Keep us firm in the hope you have set before us, so we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. Amen.

Notices may be given. We may hear from the children.

We go into the world to share God's love

**Go forth and tell! O church of God, awake!
God's saving news to all the nations take:
proclaim Christ Jesus, Saviour, Lord and King,
that all the world His glorious praise may sing.**

**Go forth and tell! God's love embraces all;
He will in grace respond to all who call;
How shall they call if they have never heard
the gracious invitation of his word?**

**Go forth and tell! the doors are open wide:
share God's good gifts – let no-one be denied;
live out your life as Christ your Lord shall choose,
your ransomed powers for His sole glory use.**

**Go forth and tell! O church of God, arise!
Go in the strength which Christ your Lord supplies;
go till all nations his great name adore
and serve him, Lord and King, for evermore.**

James Edward Seddon (1915-1983)

The Blessing

We bow our heads and pray for God's blessing:

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

The deacon says,

Go in peace to love and serve the Lord.

In the name of Christ. Amen.

Organ: Fugue in B minor BWV 579 - J.S. Bach

Please remain standing until the ministers have left.

Please take this Service Sheet home with you. Refreshments are served after the service. Please stay and join us and make yourself known if you are a newcomer or visitor.